**KEY NUMBER REFERENCES**.

**Karmic number** = (Lessons)

Line up all the number value against your birth name and see which numbers are missing. These numbers are therefore your Karmic numbers.

**Motivation Number** = (Decision Making and how I act).

All the vowels in my name.

**Inner Self Number** = (Secret Dreams, how I see myself and first impression from others).

All the consonants in my name.

**Day Number** = (What type of life I should lead).

**Expression Number** = (My personality/Soul).

**Destiny Number** = date of birth,

Eg: 05/04/1963 = 28/10/1

**Maturity number** = your life path number and your destiny number added together.

\*Footnote: Some Numerologists use the letter Y as a vowel!